eCademy – Prayer – Why Fast

Type in your answers then save this document to your computer and email it as an attachment to revauch@prayerhouseag.org

Name: email:

The following questions are designed to test the depth to which the student internalized what was read from the text. They are essay-style questions, which means the student is free to explain his answers in full.

1. What did Satan use to temp Eve with? Can you identify with being tempted in the same way?

2. What does the author mean when he says, fasting strikes at the heart of our rebellion?

3. What statement are we making when we break a fast prematurely?

4. In Watchman Nee’s book, “The Spiritual Man” he says all sin can be classified into three categories, what are they?

5. What is the definition of fasting?

6. What is the primary objective of fasting?

7. In the illustration of the grain of wheat, what does the outer shell and inner seed represent? Why won’t we ever become “spiritual” against our wills?

8. Give a definition of the three kinds of Arthur Wallis talks about in his book, God’s Chosen Fast.